



Josephine's

TEA

Individual Pots of Tea £2.95

Served in a china pot with a fine china teacup, strainer and milk if required.

Each pot will provide two cups of tea, if you wish to share your pot then there will be an additional charge of £2 for an extra cup.

All our tea is the finest quality loose leaf, imported from the best tea estates around the world. Although the price of tea varies, we're keeping it simple with a single price.

BLACK TEA

Infusion Time: 3-7 minutes

Black teas contain about half the caffeine of coffee, and research has shown drinking 4+ cups a day reduces the risk of stroke and heart attacks.

Estate Teas

These teas are specially selected from the best of the worlds most renowned tea estates.

Darjeeling (Margaret's Hope) TGFOP

India, Luxury Black Tea

Very slight hint of Muscadet, perfect with cream and scones. Margaret's Hope tea estate consistently produce what is regarded as the best Darjeeling.

Assam (Bukhial) TGFOP

India, Luxury Black Tea

Award winning top of the range Assam. Good with chocolate. The Bukhial estate is situated on the south side of the Brahmaputra river getting slightly less rainfall means slower growing and therefore more flavoursome tea.

Java (Santosa) BOPS

Indonesia, Luxury Black Tea

Light with malty tones, the Santosa estate on the island of Java is well known for this quality tea that more than holds its own against the traditional Indian and Kenyan teas.

Ceylon (Lovers' Leap) OP

Sri Lanka, Luxury Black Tea

Medium bodied lively cup of tea. History details the story of a prince and a 30m waterfall on the tea estate. Rejected by his subjects for his love of a foreigner, you can imagine the rest of the story.

Kenya (Lelsa) FBOP

Kenya, Luxury Black Tea

Award winning. Excellent with milk, slight malty tones. Located to the east of the rift valley, the fertile soils produce this excellent tea. Great on its own or with milk.

Blends & Flavoured

English Breakfast

Sri Lanka, Kenya, India

Selected from the 3 top tea regions, delicate in nature so if you like a 'weaker' tea then this is for you.

English Breakfast Decaf

Sri Lanka

The Ceylon teas tend to work better as a decaf, holding their flavour better than other teas.

Yorkshire Blend

India, Kenya, China. Not Yorkshire!

Stronger than an English Breakfast with more emphasis on the Assam and Kericho to give a more robust tea. Yorkshire tea gets its name from the blends that suited the type of water in Harrogate.

Mocha Chai

Sri Lanka. tea, Cardamom, Cinnamon, Cumin seed, Coriander, Curry leaves, Lemon Grass, Fenugreek seed, Natural flavours

High quality Ceylon tea is used to blend with real Indian spices in this Mocha chai. Natural cherry and chocolate flavours are added to give a different 'Mocha' depth to what is a very satisfying blend

Earl Grey

Sri Lanka, China. Luxury black tea, cornflower petals, natural flavours

A high grown Ceylon blended with a superior Keemun and of course bergamot oil. This old-time classic is regularly reported by our customers as "the best Earl Grey ever tasted"

Cream Earl Grey

Sri Lanka (Nuwara Eliya, Dimbula). Black tea, cornflower petals, natural flavours

Vanilla overtones turn the classic Earl Grey into this very popular variation

Keemun Gold China Black

China (Anhui Province). Luxury Black Tea

One of the best black teas using Grade 1 Keemun Gold whole leaves.

Moroccan Mint

Sri Lanka, India, USA. Luxury Black Tea and Luxury Peppermint Leaves

Based on an ancient recipe of Indian and Sri Lankan teas, enjoy this malty tea with its lovely peppermint following behind.

Russian Caravan

India, China, Sri Lanka. Luxury Black Tea.

Following the Silk Road traditions, this combination of an Assam, a Lapsang Souchong, and a light, bright Ceylon tea produce a classic.

Rose Congou Superior China Black

China (Fujian Province). Luxury Black Tea, Rose Petals, Natural Flavours

Layered 5 times with rose petals which gives the tea its delicate rose character. Natural oils are used in the process and freshly cut rose petals are added for visual effects.

Chaykhana

India (Assam, Nilgiri), Sri Lanka (Dimbula). Luxury Black Tea

Takes its name from the word meaning 'tea house' in Azerbaijan, enjoyed with pastries and sweets. Try with a slice of lemon

Caramel Cream

Sri Lanka. Black Tea, Butterscotch, Calendula Petals, Sunflower Petals, Natural Flavours

Wonderful, creamy smooth, caramel and vanilla taste usually enjoyed with milk and sugar after dinner. CONTAINS SOYA, MILK

BENEFICIAL TEAS

Contributing to a growing number of people's healthy lifestyles, these teas are a wonderful refreshing alternative.

GREEN TEA

Infusion Time: 2-4 minutes. Best enjoyed without milk.

Whilst green tea comes from the same plant as black tea, it is processed differently retaining more antioxidants. Helps burn triglyceride fats, prevents heart disease and possibly reduces cancer risk.

Gin & Tonic

Japan, Italy, Spain, China, France, Germany. Green Tea, White Tea, Juniper Berries, Cucumber Slices, Coriander Seeds, Liquorice Root, Lemon Pieces, Cardamom, Rosemary, Natural Flavours

An amazing blend of green tea, herbs and botanicals combine to create a tea full of a Gin & Tonic flavour with not one drop of alcohol in sight

Jasmine Blossom

China (Fujian Province). Green tea, Jasmine petals
Luxury Green Tea with Jasmine Number 1 graded Jasmine petals

Japanese Sencha

Japan (Kagoshima Prefecture). Premium Sencha Green Tea

Enjoy the smooth, rich flavour of this premium, traditional Japanese Sencha. Commonly used in Japanese tea ceremonies, sencha leaves have a distinctive glossy look and feel that provide a rich and full flavour.



Chunmee Taipan Superior

China (Hunan). Luxury Green Tea

With a very fine, emerald eyebrow shaped leaf (Chunmee style) and a sweet mild yellow green infusion this premium early spring tea is perfect for any time of day.

Genmaicha Chai Popcorn Tea

China, India. Green tea, Roasted and popped rice, ginger, cinnamon, cardamom, black pepper, white pepper, clove and nutmeg

Toasted rice, spice and green tea from China and India

China Congou Mao Jia

China (Zhejiang province). Luxury Green Tea

A smooth tasting tea, though surprisingly pungent, it would be a good first green tea to try if you've traditionally drunk black tea.

Kaika Cherry Sencha

China. Luxury Green Sencha tea, rose petals and natural flavours

Made only from Sencha harvested during the early spring when the quality of leaf is at its best

Ultimate Detox

China, Malawi and Brazil. Green Tea, Green Mate, Gynostemma Leaves, Strawberry Pieces Papaya Pieces, Natural Flavours

Ultimate Detox is high in antioxidants and the combination of herbs used, are reported to help with mental alertness, physical and mental fatigue. It tastes pretty awesome too, so helping your body's metabolism get into gear never felt so good.

OOLONG

Infusion Time: 1-2 minutes. Best without milk or sugar.

With increasing research pointing to help lowering blood pressure, cholesterol and body fat, Oolongs are fast becoming the health drink.

Body Boost

China, Brazil, Egypt, Poland, France. Luxury Oolong Tea, Green Yerba Mate, Lemon Pieces, White Tea, Blue Cornflowers, Sunflowers, Natural Flavours

Both teas and the Yerba Mate are associated with a healthy lifestyle, improving the metabolism and overall feel good factors. A very pleasant lemon character provides easy drinking and no doubt requests for more!

Ti Kuan Yin "Iron Goddess"

Fujian Province, China. Luxury Oolong tea.

Surrounded by mythological tales, Iron Goddess is a premium grade Oolong rich in cleansing properties as you would expect.



Orange Blossom Oolong

Taiwan, Sri Lanka. Luxury Oolong Tea, Luxury Black Tea, Jasmine Petals, Naturally Dried Orange, Natural Flavours

A wonderful combination of a high grown Oolong from the Tungting region in Taiwan, an exquisite Ceylon Tea from Sri Lanka, Jasmine petals and naturally dried orange peel

HERBAL

Infusion Time: 6-8 minutes. Don't add milk.

Tea made from herbs rather than from the tea plant *camellia sinensis*, still has major health benefits but nothing like Oolongs, White, Black or Green teas.

Peppermint Tea

USA (Washington State). Premium Peppermint

Outstanding peppermint leaves from the best cut of the season that produce a cool and pungent cup of tea bursting with minty flavour

Camomile & Mint Herbal Tea

Luxury Egyptian camomile, Luxury Washington peppermint

Essential oils from Egyptian camomile flowers produce a soothing, pleasant aroma highlighted by a fruity character. Add the best peppermint leaves to bring out mint highlights and you have a wonderful caffeine free herbal tea. Refreshing and soothing ideal for any time of day

Nettle

Bulgaria. Premium Nettle Leaves

Cleansing and obviously a grassy aroma, can be taken as a tea on its own or as a blending ingredient

ROOIBOS

Infusion Time: 6-8 minutes. Can be enjoyed with milk or sugar.

Caffeine free herbal tea from South Africa. Very high in antioxidants and linked to helping control type-2 diabetes and cardiovascular disease.

Zesty Lemon Rooibos Tea

Luxury Rooibos, Calendula petals, Lemongrass and natural flavours

Choice Grade 1 Rooibos picked from deep red leaves

Honeybush Herbal

Luxury Honeybush

High in antioxidants, Honeybush is wonderfully sweet with a honey like flavour and whilst slightly astringent, has a unique flavour often compared to apricot jam.

Coffee & Amaretto Rooibos

Luxury Rooibos, Natural dried mango, cranberry, safflower petals

Imagine the soft creamy notes of Kenyan coffee followed by delicious fruit and finally, smooth Amaretto. If you're a coffee drinker that doesn't like tea, try this!

Sunshine Orange Rooibos

Luxury Rooibos & thistle & natural flavours

Delightfully fresh with the taste of succulent sun ripened oranges

Clanwilliam Rooibos

Luxury Rooibos

Relaxing and easy to drink is a grade 1 pure Rooibos. This is where it is believed the very first cultivation of Rooibos was carried out.

FRUIT TEAS

Infusion Time: 6-8 minutes. Don't add milk.

Infusions of delicious fruits combined for a flavoursome alternative to other hot drinks.

Tropical Mango Tea

Canada, USA, Thailand, and Spain. Luxury natural dried Apple, Rosehip and Lemon pieces, Hibiscus petals, Natural flavours

Packed with Vitamin C and caffeine free, this fruit and herbal tea is great enjoyed hot or iced

Liquorice Berry Bon Bon

Turkey, Canada, USA, Thailand and Spain. Liquorice, Hibiscus, Elderberries, Dried Black Currants, Tumeric, Natural flavour

A liquorice lover's delight but also functional as the liquorice is reported to help aid digestion and reduce heartburn whilst the addition of Tumeric is a spice known for its anti-inflammatory properties.

Ginger Root & Lemon

Thailand, China, India, France. Spicy dried ginger and lemon pieces, lemongrass, elderberries, rosehip and liquorice

Packed with ginger root pieces and exquisite lemon pieces, your taste buds get a real tingle with every sip. Delicious, refreshing with an extra 'zing'

Exotic Strawberry & Kiwi Fruit Tea

Canada, USA, Thailand, and Spain. Bold, full bodied containing apple, rosehip, kiwi, strawberry and hibiscus petals

A wonderful bold and full-bodied blend of fruits and herbs. Totally refreshing and certainly thirst quenching without being too oversweet. Packed with Vitamin C this wonderful fruit tea tastes great.

Delicious Berry

Canada, USA, Thailand and Spain. Luxury Hibiscus, Elderberries, Dried Blackcurrants, Natural flavour

This scintillating burst of berry fruits and herbs is mouth-watering even with the smell.

Apple Spiced

Canada, USA, Thailand, Spain. Luxury natural dried Apple, Hibiscus, Natural dried Ginger, Cardamom, Cinnamon, Cloves, Pepper, Stevia, Cornflower petals and Natural flavours

A seriously delicious apple experience; one you'd only expect to find from a luxury herb and fruit tea.

Malibu Dream

Canada, USA, Thailand, Spain. Apple Pieces, Rosehip Pieces, Pineapple Pieces, Coconut Pieces (sulphites), Hibiscus Petals and Natural Flavours

A taste of holidays in faraway lands, this fruit tea has an exceptional tropical taste highlighted by the addition of coconut.

BLENDING ADDITIONS

just 50p extra

Why not add some of these blending ingredients to your tea?

Nettle · Pomegranate Peel · Lemon · Lime · Dried Ginger · Fennel Seeds · Cinnamon

TEA & FOOD PAIRINGS

Red meat, spicy food, strong flavoured foods:

Black Teas such as Assam, Kenya Lelsa, Keemun Gold, Java Santosa, Chaykhana, **Green Teas** and Earl Grey.

Lighter dishes such as salads, cream tea, afternoon tea:

Margaret's Hope Darjeeling, Lover's Leap Ceylon, Earl Grey, Body Boost, Green Teas

Desserts and Puddings:

Assam and Breakfast teas such as English or Yorkshire, Assam works great with chocolate.

Our English Breakfast is a blend of Sri Lankan, Indian (not Assam) and Kenyan teas.

Our Yorkshire is blend of Assam, Kenyan & China teas.

